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### Basic Korean

**Dee-** Belt

**Tang Soo Do** – Name of the Art We Study

**Mi Guk Kwan** – Type of Tang Soo Do (Brotherhood, Style, or Place in America)

**Dojang** – Training Hall (Studio)

**Do Bak** – Training Suit (Uniform)

### Counting in Korean

Ha Na - One  
Dool - Two  
Set - Three  
Net - Four  
Da Sot - Five  
Yuh Sot - Six  
Il Gop - Seven  
o Dull – Eight  
Ah Hope – Nine  
Yohl - Ten



### Techniques

High Block  
Low Block  
High Punch  
Middle Punch  
Reverse Punch  
Front Kick  
Roundhouse Kick

### Stances

Horse Stance  
Fighting Stance  
Front Stance  
Choon Bee- Ready  
Cha Ryut – Attention

### Student Creed

1. I intend to use Tang Soo Do to develop myself in a positive manner and I will avoid anything that would limit or reduce my mental growth or my physical health.
2. I intend to develop self-discipline in order to bring out the best in myself and others.
3. I intend to use what I learn in class constructively and defensively to help myself and my fellow man and I will NEVER be abusive or offensive.